Designing an IEP Decision Aid: A Local Tool for Parents of Children with Autism



Jessica Oeth Schuttler, Ph.D., Steven Lee, Ph.D., Debbie Scott Williams The University of Kansas Medical Center-Center for Child Health and Development



Background

- •Parent participation in educational decision-making is important (Christenson & Sheridan, 2001; IDEIA, 2004).
- •Partnership in IEP decision-making is especially important for parents of diverse culture and SES, who participate at lower rates, and for whom participation and partnership may mean different things (Epstein, 2001; Gaitan, 2004).
- •Parents also report that the relationship with their child's IEP team is a significant factor in their perception of the decision-making process. (Blue-Banning, et al, 2004; Schuttler, 2011)
- •Parents report a need for knowledge about their child's IEP and support in decision-making related to special education services. (Schuttler, 2011; Rock, 2000)

Purpose and Hypotheses

Purpose and Rationale:

- •To design a locally relevant and socially valid tool, in partnership with key stakeholders, that will support IEP decision-making for parents of children with autism.
- •To explore the impact of using this tool on parent knowledge and perspectives on working with their child's IEP team.

Research Questions:

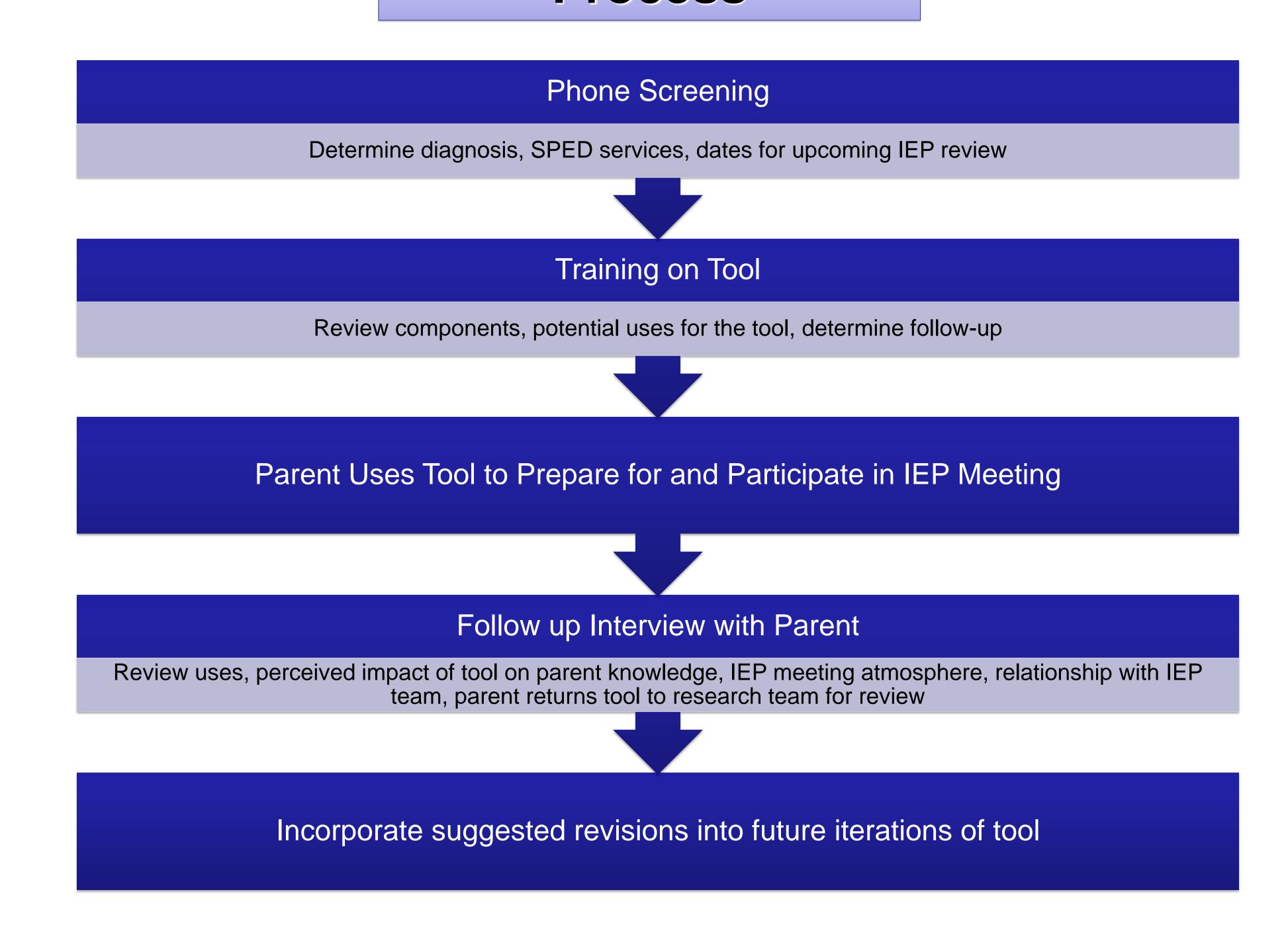
•What is the perceived impact of using the IEP Decision Aid on parent knowledge and relationship with their child's team?

•What adaptations should be made to the tool to optimize its user-friendliness?

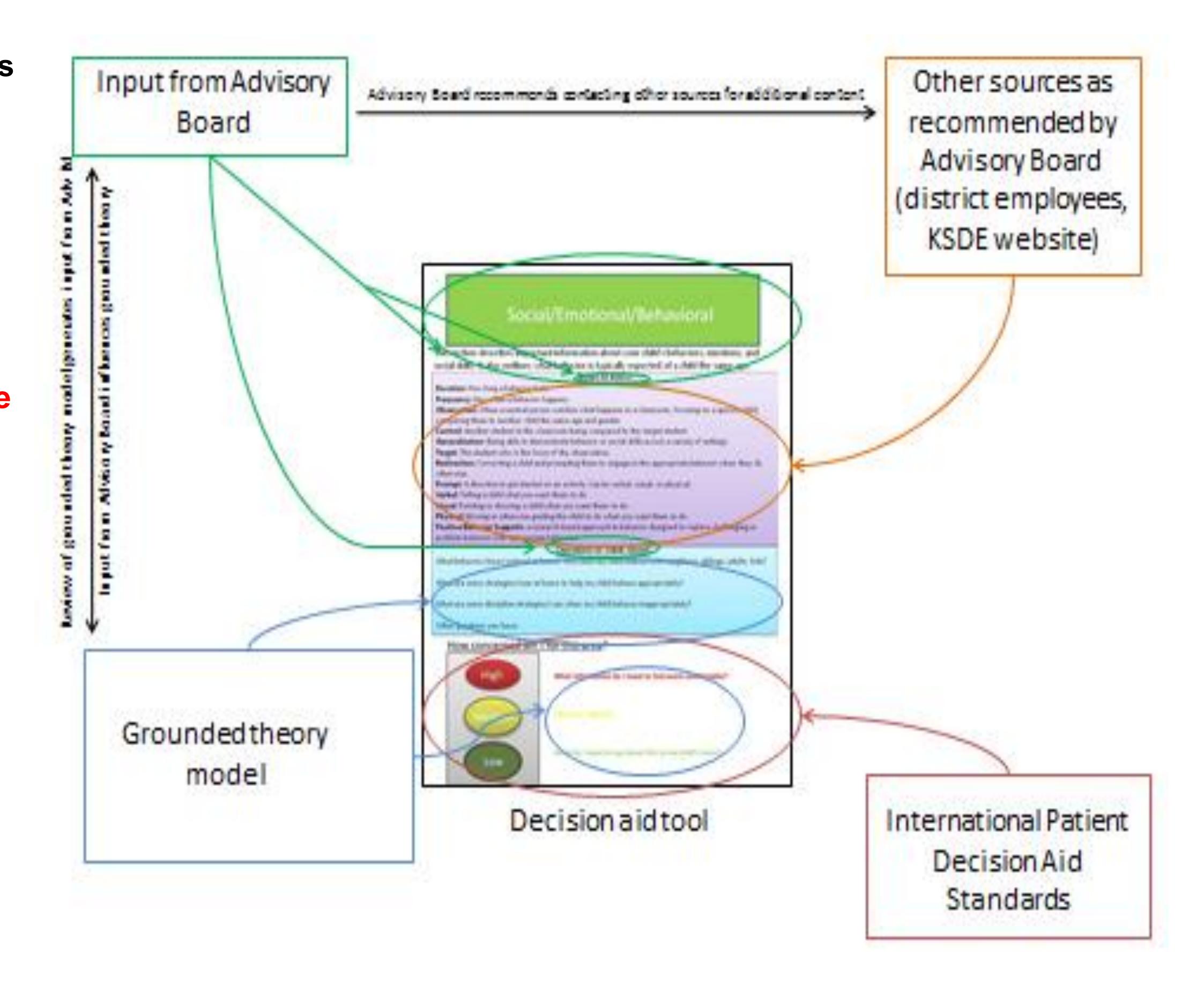
Pilot Participants

- 2 mothers, both white
- Age of son with autism: kindergarten, 3rd grade
- •Child had an autism spectrum diagnosis and received special education services through an urban school district in the Midwest
- •IEP Meeting Purposes: annual review and change in placement
- •1 parent able to complete in-person interview, 1 interview completed via phone

Pilot Interview Process



Components Informing IEP Decision Aid



Preliminary Findings

So far, parents are saying:

It was a great brainstorming tool.

It kept me on task.
It was a very good preparation tool.

It helped with knowing what to say and asking questions.

It helped
...everyone talk to
me because I knew
what they were
talking about.

Discussion

- •Parents report lack of knowledge as the greatest barrier to effective decision-making, consistent with existing research (Mitchell & Sloper, 2002)
- •Parents participating in this study so far perceived that using this locally-developed tool increased their knowledge of the IEP process and communication with team members.

Future Directions

- •Further pilot testing and evaluation of feasibility, as well as impact on measureable variables (ie knowledge, stress, relational variables).
- •Expand tool for use in other districts or for students with other types of disabilities in the same district
- Consider ways to make more accessible to potential users

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